

Relevant aspects from the Year 3 level description for Health and Physical Education:

- The content further develops students' knowledge, understanding and skills in relation to their health, wellbeing and safety.
- Opportunities are provided for students to explore and strengthen their personal identity and broaden their understanding of physical, social and emotional changes as they grow older.
- Students practise skills and strategies to promote positive relationships, and interpret the accuracy of health information communicated in the media and online environments.
- Students focus on developing personal and social skills, such as cooperation, which support inclusive practices.
- The Health and Physical Education curriculum provides opportunities for students to develop, enhance and exhibit attitudes and values that promote a healthy lifestyle.

Relevant aspects from the Year 4 level description for Health and Physical Education:

- The content provides opportunities for students to focus on personal, social and emotional factors that contribute to becoming persistent and resilient.
- Students learn about specific strategies to promote personal, social and emotional health and wellbeing, and positive relationships.
- Students develop ways to foster respect and empathy.
- The Health and Physical Education curriculum provides opportunities for students to develop, enhance and exhibit attitudes and values that promote a healthy lifestyle.

Protective Behaviours content has relevance to the following focus areas: Safety, Relationships and Mental health and wellbeing.

Years 3 and 4 teacher toolkit template examples:

- Diorama
- Before and after
- Learning journey
- Journal writing
- Values continuum
- Y-chart
- Brainstorm
- Decision making model