

Relevant aspects from the Year 7 level description for Health and Physical Education:

- The content expands students' knowledge, understanding and skills to help them achieve successful outcomes in personal, social, movement and online situations.
- Students learn how to take positive action to enhance their health, safety and wellbeing by applying problem-solving and effective communication skills, and through a range of preventive health practices.
- They begin to link activities and processes to the improvement of health and fitness.
- The Health and Physical Education curriculum provides opportunities for students to develop, enhance and exhibit attitudes and values that promote a healthy lifestyle.

Relevant aspects from the Year 8 level description for Health and Physical Education:

- The content provides opportunities for students to further examine changes to their identity and ways to manage them.
- Students continue to develop and refine decision-making skills and apply them to a range of situations, as well as in online environments.
- Students investigate health-promotion activities that aim to improve the health and wellbeing of young people and continue to develop critical health literacy skills, including the ability to distinguish between credible and less credible sources of health information.
- The Health and Physical Education curriculum provides opportunities for students to develop, enhance and exhibit attitudes and values that promote a healthy lifestyle.

Protective Behaviours content has relevance to the following focus areas: Safety, Relationships and Mental health and wellbeing.

Years 7 and 8 teacher toolkit template examples:

- Concept map
- Placemat
- Drawing and scribbling
- Venn diagram
- Survey
- One step removed
- Decision making model