

Relevant aspects from the Year 9 level description for Health and Physical Education:

- The content provides for students to broaden their knowledge of the factors that shape their personal identity and the health and wellbeing of others.
- Students further develop their ability to make informed decisions, taking into consideration the influence of external factors on their behaviour and their capacity to achieve a healthy lifestyle.
- Students continue to develop knowledge, skills and understandings in relation to respectful relationships.
- A focus is on relationship skills that promote positive interactions, and manage conflict.
- The Health and Physical Education curriculum provides opportunities for students to develop, enhance and exhibit attitudes and values that promote a healthy lifestyle.

Relevant aspects from the Year 10 level description for Health and Physical Education:

- The content provides students with the opportunity to begin to focus on issues that affect the wider community.
- Students study external influences on health decisions and evaluate their impact on personal identity and the health of the broader community.
- Students continue to develop and refine communication techniques to enhance interactions with others, and apply analytical skills to scrutinise health messages in a range of contexts.
- The Health and Physical Education curriculum provides opportunities for students to develop, enhance and exhibit attitudes and values that promote a healthy lifestyle.

Protective Behaviours content has relevance to the following focus areas: Safety, Relationships and Mental health and wellbeing.

Years 9 and 10 teacher toolkit template examples:

- Brainstorm
- Free think
- Decision-making model
- Values continuum
- Unfinished sentences
- Role play
- Thumbs up thumbs down opinion